

Berkshire Facial Surgery, Inc.
Oral Surgery and Dental Implant Center

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Instructions for Sedation and General Anesthesia

- ◆ **Eating:** You may not have **anything** to eat or drink **6-8 hours** before surgery unless otherwise instructed by your surgeon.
- ◆ **Escort:** You **must** be accompanied by a responsible adult who will be required to **stay** in the office during your procedure and also **drive** you home. You must have a responsible adult to take care of you for at least 24 hours after your surgery.
- ◆ **Minors:** Children and minors **must** be accompanied by a parent or legal guardian.
- ◆ **Medications:** Notify the doctor if you take **any** medications. Unless otherwise instructed, you may take your prescribed medications as normal with a small sip of water.
- ◆ On the day of surgery do not wear contact lenses, or jewelry. Wear comfortable clothing with short sleeves or sleeves that can easily be rolled up above both elbows. Also, no nail polish on fingernails.
- ◆ Your mouth and teeth should be well cleaned before the surgery to help avoid infection
- ◆ Do not ignore head and chest colds when oral surgery is to be performed. Please call the office if you have any symptoms, as an appointment change may be necessary.
- ◆ **Pregnancy:** If there is **ANY** chance that you may be pregnant, notify your doctor immediately.
- ◆ **Activity:** You may not drive or operate hazardous equipment for **24 hours** after your surgery. You may be sleepy and lightheaded for the rest of the day. If you or your escort have any questions or concerns please call us at (413) 562-1100.

Please visit our Website for additional Information: www.Berkshirefacialsurgery.com